



CUMMINS AREA SCHOOL

NEWSLETTER

Term 1, Week 2

BUS DRIVERS

Warrow

Paul Tierney - 0429 882 010

Mt Hope

Kym Griffiths - 0400 667 472

Karkoo

Susan Hughes - 0477 088 043

Wanilla

Sharon Arnold - 0447 820 519

Cockaleechee

Leon Seaman - 0429 703 030

Douglas Well

Vince Diment - 0427 762 428

Koppio

Dan Hansen - 0408 120 280

Brimpton Lake

Barry Boyce - 0418 762 319

Yallunda Flat

Denis Darling - 0429 950 159

Parents must contact the bus driver at least 24 hours prior to travel being required on an alternate bus.

UHF channel 10

CONTACT US

- a. McFarlane St, Cummins
- p. 8676 2388
- f. 8676 2288
- e. DL.0754_info@schools.sa.edu.au
- w. cumminsas.sa.edu.au

PRINCIPAL'S MESSAGE



Welcome to the 2021 school year. I am sure that you were just as pleased as I was to begin the year with a "half" week to ease us all back into the routines that seem to get lost in the excitement of summer holidays.

I would firstly like to welcome the many new families and students that have walked through the doors of Cummins Area School this week. It has been an absolute pleasure to meet all of our new students and I hope they are settling in well to life with us. Overall students have settled back into classroom life well and are obviously enjoying being back with all of their friends and (hopefully) teachers.

As well as new families and students we also have 9 new teaching staff in 2021. Some of these are familiar faces having completed some TRT work with us previously, others have moved into the community due to family connections and there are a number of new staff who we welcome straight from University. Please welcome our new staff - Kylie George (Art, Food & Hospitality), Jed Woolford (Tech Studies), Hannah Patterson (English / History), Kellie Symons (Science, HPE, Counselling), Liam Cocks (HPE), Donna Bagshaw (English, Aboriginal Education Teacher), Rhianna Foster (Food & Fibre, History, Science), Rachel Dennis (Foundation Teacher) and Tannille Fleming (Foundation Teacher). We are currently working with the Enterprise Committee to align an evening to welcome all new staff and families to the school along with other new residents of Cummins. More details to follow.

Ironically as we welcomed our new students, we also formally farewelled last years students Friday night. To be honest it was a fabulous opportunity to get together with this talented group of young adults and celebrate their educational successes with them just as they are all making their way into the world beyond school. From the shearer who had to wash the remnants of the shed out of his hair to come, to the uni students in the middle of packing up to move into college accommodation and everyone in between it was a glorious way to spend the evening and a reminder of the relationships that exist between our staff, students and families. I am sure every adult in that room was rightly proud of the young citizens we have all had a role to play in guiding. Best of Luck to all of you.

First term is always a busy one with Swimming lessons and Swimming Carnival in Week 3. We are currently working through all of the planning around these events taking into consideration the COVID regulations of both the school and the pool. We anticipate information will go home early this week.



Government of South Australia
Department for Education

RESPECT

CO-OPERATION

RESPONSIBILITY

DOING OUR BEST

cont...

Our building is moving along with a lot of extra fill being required to get the site prepared. The logistics of the building have required some modifications to entry and exit points, but the staff and students have adapted to these quite readily. A big thankyou to Carrie and Sophie who have had to show significant flexibility in flipping the canteen around so that students are able to access it on the northern side as a result of the build.

Just a reminder that due to regulations we are required to keep parent/ visitor entry to the site restricted. All entry must be through the front door and will require you to log in using our site specific QR code.

If you have any questions about your child's education at any time, please contact your teacher via Seesaw or phone the front office to make an appointment. We look forward to a more settled year than last and to seeing our students continue to grow physically, educationally and as people.

Regards,
Mel

GOVERNING COUNCIL AGM

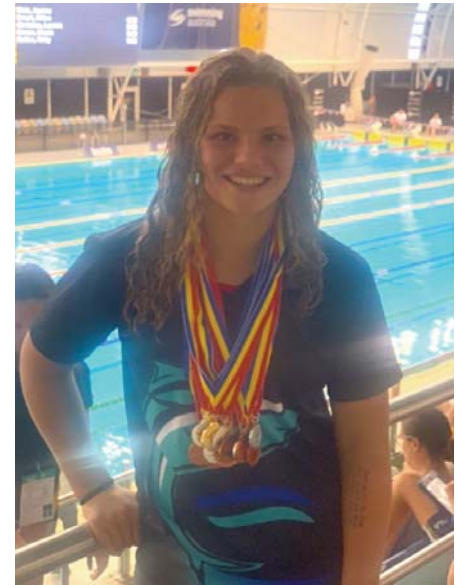
Do you have an interest in how the school is run? Would you like to have input into the school's future? We need your help to keep our school great!

**Cummins Area School Governing Council
Annual General Meeting
Cummins Library
Tuesday, February 16, 2021 @ 6.30pm.**

For further information or apologies, contact Secretary Julie Crettenden via email on CAS.govcouncil@gmail.com

SCHOOL SPORT SA - AWARDS

The School Sports Awards recognise and reward the outstanding sporting achievements of young people in our community. There are 3 major award categories including individual, team and student official.



Congratulations to Alinta Dingwall who is one of the five finalists in the Individual Primary Female Award and has been recognised for her achievements in swimming.

Alinta will attend the award ceremony on the 10th February where the overall winner will be announced. Well Done Alinta!!

Qkr Functionally Update for Users

Please note if you are getting an error message "not able to connect to server" you will need to:

1. Reinstall the app to apply the current changes
2. You may need to reset your password.



CAS SCHOOL MAGAZINE 2020

\$30.00

Please pay at Finance Office before
Friday 26th February - 2021

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Attention Finance Office

Name/s:

Number of copies: _____

Total: \$ _____

(Eftpos machine available)



CUMMINS AREA SCHOOL KEY SPORTING DATES

CAS 100m Swim

Years 10-12: Wed 10th February at lunch
Other ages: During Swimming lessons

CAS Yr 3-12 Swimming Carnival

Friday 12th February

CAS 1500m race (ages 12 & up)

Tuesday 16th February during Pastoral Care

CAS 800m race (Ages 10 & up)

Wednesday 24th February during Pastoral Care

CAS Yr F-12 Sports Day

Wednesday 3rd of March

Inter-School Athletics Carnival

Monday 29th March - Wudinna



Cummins Area School

Years 3-12

SWIMMING CARNIVAL

Eyre

Flinders

Sturt

Swimming Events

Freestyle - Breaststroke - Backstroke
House Relays

Novelty Events

Tube Relay - Rope Tow
Kickboard Relay - Clothes Relay
Student/Staff/Parents Relay

**Come along and support the
students who are
participating!**

Friday 12th February

at the Cummins Pool

Canteen Facilities – Provided by the Cummins Pool Committee

SAPSASA 2021

With the release of the 2021 Sapsasa calendar, Term 1 looks to once again be very busy in regard to Sapsasa events and trials. Last year nearly all Sapsasa carnivals in Adelaide took place, a number with modifications due to COVID-19. Swimming, Athletics and Cross Country unfortunately were cancelled completely.

As 2021 is the last year that Year 7 students will be involved in Sapsasa, there have been a number of changes brought in to help cater for the Year 6 cohort of students who may very well miss out on selection being the younger group of students. In Football, Netball and Soccer, which have the largest number of students who trial, there will be a Year 7 carnival and a Year 6 carnival for each. Obviously, only Year 7 students can trial for the Year 7 teams and Year 6 students for the Year 6 teams. Trials dates will be held at the same time for both year levels. School Sport SA Sapsasa is to be commended on their initiative to try to include more Year 6 students in their last year of Sapsasa involvement. An Australian Rules Girls Football carnival has been introduced to the calendar in Term 4.

Term	Week	Date	Events in Lower Eyre Peninsula
1	11	Thursday 8 th April	LEP Track & Field Carnival, Pt Lincoln (ages 10-13)
2	2	Monday 3 rd May	Eyre Peninsula Gymkhana, Pt Lincoln (Yrs 5-12)
	2	Friday 7 th May	LEP Cross Country Day, Pt Lincoln (ages 10-13)
3	3	Wednesday 4 th August	Years 6/7 Boys Netball Carnival, Cummins
	3	Wednesday 4 th August	Years 6/7 Girls Australian Rules Football Carnival, Cummins
	9	Thursday 16 th September	Years 6/7 T20 Blast Cricket Carnival, Port Lincoln
	10	Tuesday 21 st September	Years 3/4 Red Ball Tennis Day, Tumby Bay
4	3	Friday 29 th October	LEP Swimming Carnival, Pt Lincoln (ages 10-13)

Term	Week	Dates	Events in Adelaide
1	9	Friday 26 th March	Swimming (Boys & Girls)
	10	Monday 29 th March to Wednesday 31 st March	Softball (Boys & Girls)
2	6	Monday 31 st May to Wednesday 2 nd June	Australian Rules Football (Boys) Year 6
	6	Wednesday 2 nd June to Friday 4 th June	Australian Rules Football (Boys) Year 7
	6	Monday 31 st May to Wednesday 2 nd June	Netball (Girls) Year 7
	6	Wednesday 2 nd June to Friday 4 th June	Netball (Girls) Year 6
	7	Thursday 10 th June	Cross County (Boys & Girls)
3	4	Monday 9 th Aug to Wednesday 11 th Aug	Football (Soccer) (Boys & Girls) Year 7
	4	Monday 9 th Aug to Wednesday 11 th Aug	Hockey (Boys & Girls)
	7	Monday 30 th Aug to Wednesday 1 st Sept	Football (Soccer) (Boys & Girls) Year 6
	7	Thursday 2 nd Sept to Friday 3 rd Sept	Golf (Boys & Girls)
	10	Monday 20 th September	Track and Field (Boys & Girls)
4	2	Monday 18 th to Wednesday 20 th October	Australian Rules Football (Girls)
	4	Monday 1 st Nov to Thursday 4 th Nov	Cricket (Boys & Girls)
	5	Monday 8 th Nov to Thursday 11 th Nov	Tennis (Boys & Girls)

Nomination Sheets for LEP Teams will be pinned on the Primary Sports Board in the Primary Corridor. Once students have nominated, they will be provided with an information sheet and consent/medical form which must be returned promptly before they can attend local trials. Shannon Nagel is the LEP Sapsasa District Team Leader for 2021.

CAS CANTEEN ROSTER TERM 1 2021

	MON	TUES	WED	THURS	FRI
Wk 2	01/02/21	02/02/21 Renee Rogers	03/02/21 Tracey McNamara	04/02/21 Hayley Ness	05/02/21 Tracey Wooley Tiff Firth
Wk 3	08/02/21 Simone Murnane	09/02/21	10/02/21	11/02/21 Rhianna Foster	12/02/21 Swimming Carnival
Wk 4	15/02/21 Bec Habner	16/02/21	17/02/21 BJ Moroney	18/02/21 Jodi Klemm	19/02/21 Corey-Anne Wait Brooke Pugsley

CANTEEN 2021

Thank you for volunteering to work at the Canteen.

Starting time is 12pm and finish time is 2:15pm. If you are able to work more than one shift per term, please let us know. If you are unable to work on your rostered day, please organise your own replacement or swap. Your help is much appreciated.

Please note: All volunteers are required to have a Working With Children Check. To apply, please see Leanne Vigar in the Finance Office. The cost is free of charge.

Contact numbers are Carrie Speed 0427 765 029 OR Sophie Blacker 0418 813 995

YOU COULD PLAY WOOLWORTHS CRICKET BLAST FOR FREE! SPORTS VOUCHERS

Woolworths CRICKET BLAST

GIRLS JUST WANT TO HAVE A BLAST!

OUTDOORS NON-CONTACT

GET INTO WOOLWORTHS CRICKET BLAST. IT'S A FUN AND ACTIVE PROGRAM FOR GIRLS OF ALL ABILITIES - WHETHER IT'S YOUR FIRST TIME WITH A BAT OR YOU'RE A BACKYARD CRICKET STAR!

Woolworths Cricket Blast
Come and Try
Port Lincoln Cricket Association
Wednesday 17th Feb, 4pm, Ravendale Complex
Brayden Frost, 0472522057, bfrost@saca.com.au

*BASED ON PROGRAM RRP OF \$99. MORE INFO AT SPORTSVOUCHERS.SA.GOV.AU



JOIN A CREW NEAR YOU TODAY

PLAY CRICKET

OFFICIAL KIDS PROGRAM



The Port Lincoln Cricket Association will be running a Girls Cricket Blast Centre at Ravendale on Wednesday afternoons. The 4-week program is for girls 5 to 10 years of age and will be run on Wednesday nights (beginning on 17th February) for 1 hour starting at 4pm. There is a cost of \$30. Please see the attached flyer for dates and contact details.



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Introducing Qkr! (pronounced 'quicker') by MasterCard, the secure and easy way to order and pay for school items from your phone at a time and place that suits you.

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Step 2 Register

Select your Country of Residence as 'Australia' and follow the steps to register

Step 3 Find our school

Our school will appear in 'Nearby Locations' if you're within 10km's of the school, or search for our school by name.

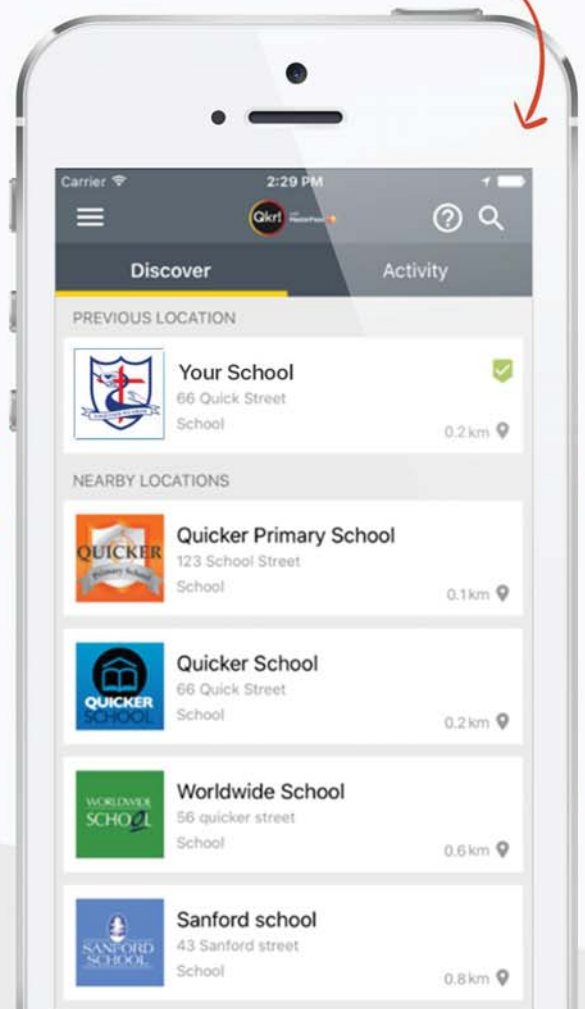
Step 4 Register your children

When first accessing our school you will be prompted to add a student profile for your child. This allows you to make orders and payments for them.

Search for our school name

If you have made a purchase you can select our school from 'Previous Location'

If you're within 10 kms of the school, you can select our school from 'Nearby Locations'



Exclusion from childcare, preschool, school and work

Last updated 28 January 2021

The spread of certain infectious diseases can be reduced by excluding a person, known to be infectious, from contact with others who are at risk of catching the infection.

The following are recommended minimum periods of exclusion from school, preschool and childcare centres for cases of, and contact with, infectious diseases, based on guidelines issued by the National Health and Medical Research Council in 2005 and the online Australian Immunisation Handbook.

These guidelines can also be applied to the general community and most workplaces. A childcare worker with gastroenteritis (also known as 'gastro': inflammation of the intestinal (bowels), should not return to work for at least 24 hours after vomiting or diarrhoea have stopped. If the childcare worker handles food in the child care setting, this exclusion period should be 48 hours.

Exclusion Periods

The need for exclusion depends on:

- > the ease with which the infection can be spread
- > the ability of the infected person to follow hygiene precautions
- > whether or not the person has some immunity to the infection (either vaccination or past infection)
- > to a lesser extent, the severity of the disease.

Definitions

Exclusion periods are based on the time that a person with a specific disease or condition might be infectious to others.

Non-exclusion means there is not a significant risk of transmitting infection to others. A person who is not excluded may still need to remain at home because he or she does not feel well.

A **contact** is any person who has been close enough to an infected person to be at risk of having acquired the infection from that person.

Disease or condition	Exclusion of case	Exclusion of contact
Amoebiasis (<i>Eritarchoeba histolytica</i>)	Exclude until no diarrhoea for 24 hours.	Not excluded
Campylobacter infection	Exclude until no diarrhoea for at least 24 hours.	Not excluded
Candidiasis	See thrush	

Disease or condition	Exclusion of case	Exclusion of contact
Chickennpox	Exclude until all blisters have dried (usually 5 days)	Any child with an immune deficiency (for example, leukaemia) or receiving chemotherapy should be excluded for their own protection. Otherwise not excluded.
Cytomegalovirus (CMV)	Exclusion is not necessary	Not excluded
Cold sores (herpes simplex type 1, fever blisters)	Young children and others unable to comply with good hygiene practices should be excluded while lesion is weeping. Lesions should be covered by a dressing where possible.	Not excluded
Conjunctivitis	Exclude until discharge from eyes has stopped (unless a doctor has diagnosed non-infectious conjunctivitis).	Not excluded
Cryptosporidium infection	Exclude until no diarrhoea for 24 hours.	Not excluded
Diarrhoea (no organism identified)	Exclude until no diarrhoea for 24 hours.	Not excluded
Diphtheria	Exclude until medical certificate of recovery from SA Health's Communicable Disease Control Branch is received following at least two negative throat swabs, the first not less than 24 hours after finishing a course of antibiotics and the second, at least the next 48 hours.	Exclude contacts living in the same house until cleared by SA Health's Communicable Disease Control Branch
Food poisoning	Exclude until well – no vomiting or diarrhoea for 24 hours.	Not excluded
Giardia infection	Exclude until no diarrhoea for at least 24 hours.	Not excluded
Glandular fever (infectious mononucleosis, EBV or Epstein-Barr virus infection)	Exclusion is not necessary.	Not excluded
Hand, foot and mouth disease	Exclude until all blisters dry.	Not excluded
Haemophilus influenzae type b (Hib) infection	Exclude until person has received appropriate antibiotic treatment for at least 4 days.	Not excluded
Head lice (pediculosis)	Exclude until appropriate treatment has commenced.	Not excluded
Hepatitis A	Exclude until medical certificate of recovery is received, and until at least 7 days after the onset of jaundice or illness.	Not excluded
Hepatitis B	Exclusion is not necessary.	Not excluded

Disease or condition	Exclusion of case	Exclusion of contact
Hepatitis C	Exclusion is not necessary.	Not excluded
Hepatitis D	Exclusion is not necessary.	Not excluded
Hepatitis E	Exclude for 2 weeks after illness onset, or if jaundice (yellow eyes or skin) occurs, for 7 days after the onset of jaundice.	Not excluded
Herpes simplex infection type 1	See cold sores	
Human immunodeficiency virus (HIV) infection	Exclusion is not necessary. If the person is severely immune suppressed he or she will be vulnerable to other people's infections.	Not excluded
Hydatid disease	Exclusion is not necessary.	Not excluded
Impetigo	See school sores	
Influenza and influenza-like illnesses	Exclude until well (at least 5 days for adults and 7-10 days for children).	Not excluded
Legionnaires' disease	Exclusion is not necessary	Not excluded
Leprosy	Exclude until clearance has been given by an infectious diseases physician, dermatologist or SA Health Communication Disease Control Branch doctor.	Not excluded
Measles	Exclude until 4 days after the onset of the rash.	Immunised and immune contacts are not excluded. Non-immunised contacts are excluded from childcare until 14 days after rash onset in the last case in the in the facility, unless given vaccine (within 72 hours of first exposure) or Normal Human Immunoglobulin (within 144 hours of first exposure). All immune suppressed children should be excluded until 14 days after rash onset in the last case in the facility.
Meningitis (bacterial)	Exclude until well and has received appropriate antibiotics.	Not excluded
Meningitis (viral)	Exclude until well.	Not excluded
Meningococcal infection	Exclude until appropriate antibiotic treatment completed and until well.	Not excluded
Molluscum contagiosum	Exclusion is not necessary.	Not excluded
Methicillin resistant Staphylococcus aureus (MRSA) skin infection	Exclusion is not necessary unless infected skin lesions on exposed surfaces cannot be completely covered with a dressing.	Not excluded
Mumps	Exclude for 5 days after onset of swelling.	Not excluded

Last updated 28 January 2021

Disease or condition	Exclusion of case	Exclusion of contact
Norovirus	Exclude until no vomiting or diarrhoea for 48 hours.	Not excluded
Parvovirus infection (fifth disease, erythema infectiosum, slapped cheek syndrome)	Exclusion is not necessary.	Not excluded, but people who are anaemic, immune suppressed, or pregnant should be informed of possible risk of getting infection.
Pertussis	See whooping cough	Not excluded
Respiratory syncytial virus (RSV) infection	Exclusion is not necessary.	Not excluded
Ringworm/tinea	Exclude until the day after appropriate treatment has commenced.	Not excluded
Ross River virus	Exclusion is not necessary.	Not excluded
Rotavirus infection	Exclude until no diarrhoea for at least 24 hours.	Not excluded
Rubella (German measles)	Exclude until fully recovered or for at least 4 days after the onset of the rash.	Not excluded
Salmonella infection	Exclude until no diarrhoea for at least 24 hours.	Not excluded
Scabies	Exclude until the day after appropriate treatment has commenced.	Not excluded
Scarlet fever	See streptococcal sore throat	
School sores (impetigo)	Exclude until appropriate treatment has commenced. Any sores on exposed surfaces should be completely covered with a dressing.	Not excluded
Shigella infection	Exclude until no diarrhoea for 24 hours	Not excluded
Shingles	Exclude until blisters have dried up unless rash can be covered with a dry dressing or clothing so others are not exposed.	Not excluded
Streptococcal sore throat (including scarlet fever)	Exclude until the person has received appropriate antibiotic treatment for at least 24 hours and feels well.	Not excluded
Thrush (candidiasis)	Exclusion is not necessary.	Not excluded
Toxoplasmosis	Exclusion is not necessary.	Not excluded
Tuberculosis	Exclude until medical certificate is produced from SA Tuberculosis Service of SA Health.	Not excluded
Typhoid, paratyphoid	Exclude until clearance has been given by a doctor or SA Health's Communicable Disease Control Branch	Not excluded unless considered by SA Health's Communicable Disease Control Branch
Varicella-zoster	See chickenpox or shingles	

Last updated 28 January 2021

<p>Viral gastroenteritis (viral diarrhoea)</p>	<p>Exclude until no diarrhoea for at least 24 hours. If the gastroenteritis is known or suspected to be caused by norovirus, then exclusion period is 48 hours Exclusion is not necessary.</p>	
<p>Warts (common, flat and plantar) Whooping cough</p>	<p>Exclude from childcare, school or workplace and similar settings until 5 days after starting antibiotic treatment, or for 21 days from the start of any cough.</p>	<p>For exclusions of contacts in a childcare setting, seek advice from SA Health's Communicable Disease Control Branch. Usually, childcare contacts (in the same childcare group or room) and household contacts of the case who are under 6 months of aged and have received less than 3 doses of pertussis containing vaccine should be excluded from childcare for 14 days from the first exposure to the infectious case, unless he or she has completed 5 days of recommended antibiotic treatment, after which he or she may return to childcare.</p>
<p>Worms</p>	<p>If diarrhoea present, exclude until no diarrhoea for 24 hours.</p>	<p>Not excluded</p>

For more information

Communicable Disease Control Branch
 Department for Health and Wellbeing
 Email: HealthCommunicableDiseases@sa.gov.au
 Telephone: 1300 232 272
www.sahealth.sa.gov.au/youvegotwhat

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